

# Personal Equipment Checklist

Consider these items when planning an outdoor activity.

## Any Outdoor Activity:

- Medicine (held by parent/guard.)
- Handbook
- Paper/Notebook & pencil/pen
- Uniform (Shirt, T-Shirt, etc.)
- Hat – important in tick season
- Insect Repellant
- Camera
- Watch (cheap, waterproof)
- Cell phone for emergencies

## Day Trip:

- Sweatshirt and/or Coat
- Swimsuit & towel
- Chair
- Fishing gear/Sports equipment
- Sunglasses, glasses, contacts
- Spending money

## Outdoor Essentials:

- Small Personal First Aid Kit
- Filled water bottle/hydration pack
- Flashlight
- Trail food
- Sunscreen
- Whistle
- Map and Compass
- Rain gear, poncho, etc.
- Pocketknife
- Matches/fire starters

## Day Hike:

- Medical Record
- Daypack, backpack, etc.
- Good walking shoes or boots
- Change of clothes

## Campout Items:

- Sleeping Bag or blankets
- Pillow
- Air mattress, cot, or pad
- Ear Plugs
- Cup, plate, utensils, bowl
- Toothbrush, toothpaste, floss
- Soap, shampoo, towels, cloth
- Personal items & toiletries
- Toilet paper
- Warm or Cold weather clothes
- Ziploc bags to keep everything dry
- Survival Kit
- Work gloves (service projects, etc)
- Rope or clothesline
- Bible or book of faith

Your unit *may* provide group items:  Food,  Paper Towels,  Napkins,  Salt,  Pepper,  Garbage Bags,  Saws,  Rakes,  Shovels,  Tents,  Ground Cloths, and other items.

Just as important as what you bring is what not to bring. Many of these rules are BSA National Policy.

## What NOT to bring:

- ⊗ Never bring any gun other than a squirt gun
- ⊗ No BB Guns, Pellet Guns, Slingshots, etc.
- ⊗ Never bring alcohol or tobacco.
- ⊗ Adults cannot use tobacco in the presence of Scouts.
- ⊗ Never bring fireworks, sparklers, etc.
- ⊗ Never bring any pet of any kind.
- ⊗ Ask your leader before you bring an ax or saw.
- ⊗ Many camps forbid sheath knives for all Scouts.
- ⊗ Candy, food, or snacks are not allowed in tents.
- ⊗ Ask before bringing any food items.
- ⊗ Appropriate attire and footwear are required.
- ⊗ Sandals & open-toed shoes cannot be worn in camp.
- ⊗ Never bring anything expensive or irreplaceable.
- ⊗ No Electronics, Radios, CDs, TVs, or DVDs.

Ask your leader for more information. Your leader must have the current Guide to Safe Scouting #33416 with them on your activities. It explains key requirements including Two Deep Leadership and the Buddy System.